

GP Mental Health Items Checklist:

GP Mental Health Care Plan: - Item 2710

- Patients agreement for the GPMHCP
- Relevant History
- Mental State Examination
- Risk Assessment & Co-morbidity
- Formulation and / or diagnosis
- Outcome measurement Tool
- Agreed goals with patient
- Referral & Treatment options
- Provision of psycho-education
- Crisis Intervention Plan
- Review and follow up plan

GP Mental Health Care Review: Item 2712
(not before 4 weeks and no later than 6 months from when plan was developed)

- Progress against the plan
- Modify and update plan
- Further psycho-education (if required)
- Relapse prevention education
- Re-admission of outcome tool

GP Focused Psychological Strategies:

- > Item 2721 FPS 30-40 min
- > Item 2725 FPS 40+ min

GP Mental Health Consultations: Item 2713
(Can be done independent of the GP Mental Health Care Plan and Review)

- Relevant history and presenting problems
- Treatment, advice or referral provision
- Document outcomes of consultation.

Inclusion Criteria for GPMHCP:

Chronic psychotic disorders Acute psychotic disorders
Schizophrenia Bipolar disorder
Phobic disorders Generalised anxiety disorder
Adjustment disorder Depression
Sexual disorders Conduct disorder
Bereavement disorders Eating disorders
Sleep problems Panic disorder
Alcohol use disorders Drug use disorders
Neurasthenia Enuresis (non-organic)
Unexplained somatic complaints
Post-traumatic stress disorder
Mixed anxiety and depression
Obsessive Compulsive Disorder
Dissociative (conversion) disorder
Hyperkinetic (attention deficit) disorder
Mental disorder, not otherwise specified

Does not include dementia, delirium, tobacco and mental retardation

Source: Integrated Primary Mental Health Services North East Victoria